



Dear Friends:

We are very pleased to announce that Cleveland Clinic is introducing an all-new employee wellness program, beginning in May. All Cleveland Clinic and community hospital employees are invited to participate.

The Cleveland Clinic employee wellness program is designed to enhance your well-being and improve your quality of life. Every year, a million people die of diseases caused by poor lifestyle choices. Thirty million Americans suffer from chronic disease as a result of smoking, lack of exercise, poor nutrition choices, and substance abuse. No Cleveland Clinic employee should ever become one of these statistics.

It is also a fact that healthy employees are more productive employees, with lower medical costs, and more energy to do what Cleveland Clinic is here for: to put patients first.

We have high hopes for the success of this employee wellness program. Our 35,000 employees and their families represent a considerable part of Greater Cleveland. If we can strengthen your commitment to a healthy lifestyle, we have already made a significant impact on the wellness of our community.

Please review the materials that accompany this letter. We strongly urge you to participate. We owe it to ourselves, our families, and our patients, to make wellness a permanent part of our corporate culture.

Sincerely,

A blue ink signature of Delos M. Cosgrove, consisting of stylized initials and a surname.

**Delos M. Cosgrove, M.D.**  
Chief Executive Officer  
and President  
Cleveland Clinic

A blue ink signature of Joseph Hahn, featuring a cursive style with the first name and last name clearly visible.

**Joseph Hahn, M.D.**  
Chief of Staff