



# Employee Wellness Special Presentation

Featuring Administration

No matter how you slice it,  
wellness and weight loss takes  
commitment and a promise to  
yourself.

Please join us for a special presentation to hear our Administration Team share their weight loss strategies over the past year. Together, they have lost more than 300 pounds! It was not easy and they are willing to share their strategies.

The panel includes **Jack Gustin**, president; **Bill Baddour**, chief operating officer; **Bill Koziol**, vice president operations; and executive secretaries, **Sharon Bode**, **Lucy Bufkin** and **Deb Sukey**.

**When:** Tuesday, December 22  
**Where:** Wasmer Auditorium  
**Time:** 12 to 1 pm

Attendees will be entered into a drawing for fun wellness prizes. Please bring your own (healthy) lunch!

Sponsored by Employee Wellness.