

"To Detox or Not?"

Tanya Edwards, M.D., M.Ed.
Wednesday, March 10, 2010
Noon to 1 p.m.
NA5-08

This activity has been approved for 1.0 AMA PRA Category 1 Credit TM.

Abstract: Are we truly surrounded by toxic poisons that require potions and procedures to rid them? Let's look at our amazing detoxification system, and learn how best to support it naturally, without falling for the claims.

Bio: Tanya Edwards, M.D., M.Ed. received her medical degree from the University of Michigan. For the past twelve years, she has been teaching complementary and



alternative medicine courses at the Case Western Reserve University School of Medicine. She earned a Masters of Medical Education degree from John Carroll University / Case Western Reserve University in 2002, and completed the Harvard Macy Physician as Teacher Fellowship at the Harvard School of Education in 1998.

Dr. Edwards provides Integrative Medicine consultations at the Center for Integrative Medicine, as well as supervises a growing staff of complementary care providers. She also sees patients at the Cleveland Clinic Independence Family Health Center, where she maintains a small primary care practice.

Her clinical interests include nutrition for the prevention and treatment of chronic illness, as well as mind-body therapies, and spirituality and healing.

Please join us for this event by attending the presentation or visiting the Employee Wellness Web site, cchs.net/wellness, to view the presentation live from your computer.