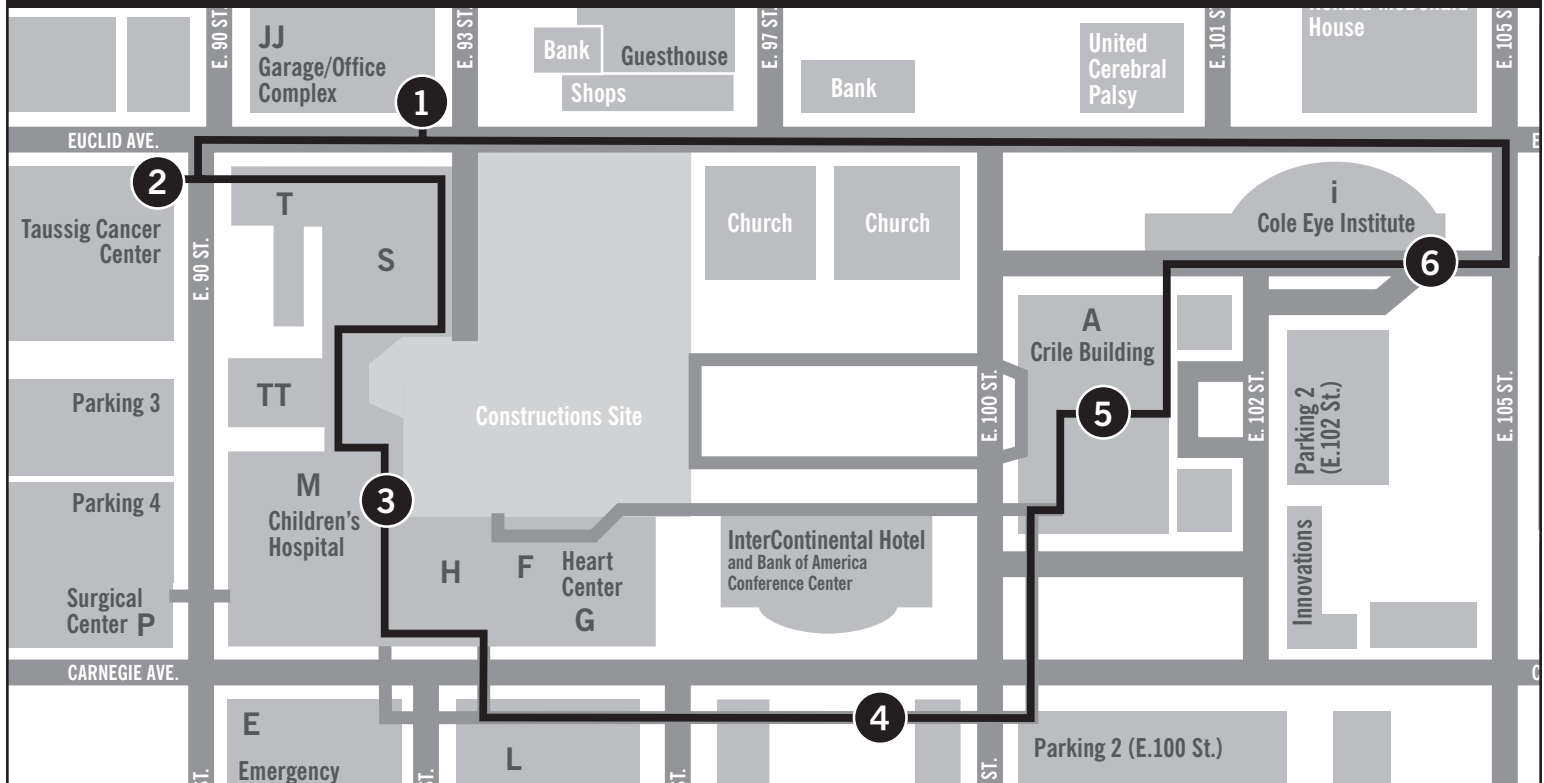


Employee Wellness Walk – 1.25 Miles



You can walk this route any time:

- From Main hospital lobby, up H5 stairway to Laboratory Medicine Skyway, then onto Lerner skyway
- Over Lerner skyway, through Crile Building and into Cole Eye Institute
- Downstairs to Cole Eye lobby, exiting and turning left onto East 105th street to Euclid Avenue
- Crossing to north side of Euclid Avenue, proceeding to JJ Garage/Office Complex
- Back to south side of Euclid and into Taussig Cancer Center lobby
- Across E. 90th Street and into T Building (Radiation Oncology)
- Through S Building and Children's Hospital (M) lobby
- Back to Main hospital (H) lobby

You can jump in at any point on the route. The numbers on the map correspond to these points of entry:

- 1 JJ Garage/Office Complex
- 2 Taussig Cancer Center lobby
- 3 Main hospital (H) lobby
- 4 Lerner skyway (past the medical library)
- 5 Crile Building (past Au Bon Pain)
- 6 Cole Eye Institute lobby

Learn how to make walking part of your everyday life, and sign up for walking and running events. Visit the Employee Wellness Web site, cchs.net/wellness, and click on *Cleveland Clinic Walks*.