



Terminal Tower 900 To the Top __/__/__



Empire State Bldg 1,576 To the Top __/__/__



CN Tower 1,776 To the Top __/__/__



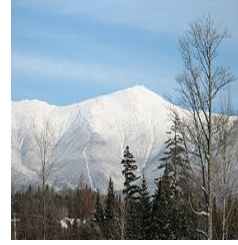
Sears Tower 2,109 To the Top __/__/__



Killington Peak 4,235 To the Top __/__/__



Mt. Rushmore 5,725 To the Top __/__/__



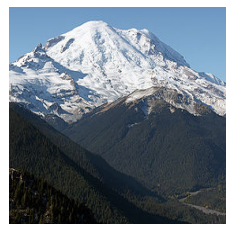
Mt. Washington 6,288 To the Top __/__/__



Mt. St. Helens 8,365 To the Top __/__/__



Mt. Fuji 12,388 To the Top __/__/__



Mt. Ranier 14,410 To the Top __/__/__



Mt. McKinley 20,320 To the Top __/__/__



Base Camp Mt. Everest 25,919 To the Top __/__/__

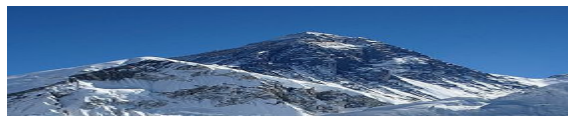
TAKE

THE

STEPS

FOR

WELLNESS



Mt. Everest Summit 29,035 Steps
To the Top __/__/__

**Inner Office Mail this form to Manny Economos
When you climb to the top of each of the land marks (133,046 total steps) to win a prize!**