

## "Upcoming Drugs to Target Weight Loss"

Karen Cooper, D.O.  
Wednesday, February 10, 2010  
Noon to 1 p.m.  
NA5-08

**This activity has been approved for 1.0 AMA PRA Category 1 Credit™.**

**Abstract:** To date, there are three drugs approved by the FDA for medical weight loss. However this year, three pharmaceutical corporations are submitting NDAs (new drug applications) for drugs that have completed phase Three Trials. Pros and cons of each will be discussed.

**Bio:** **Karen Cooper, D.O.** is a primary care physician and member of the American Society for Bariatric and Metabolic Surgeons. She practices as a Bariatrician at the Cleveland Clinic Health Systems in the Department of General Surgery.



As the medical weight management specialist of the bariatric surgery program, Dr. Cooper evaluates the patients both pre-operatively and post-operatively. She also attends to patients who are overweight or obese, but for whom surgical weight management is not a choice or an option. Dr. Cooper utilizes a team approach which includes dietitians, psychologists and medical specialists (for high-risk patients) as part of her evaluation for medical and surgical weight management. She also monitors and/or manages associated comorbidities seen with excess weight gain. Dr. Cooper also performs laparoscopic band adjustments for applicable patients.

In addition to bariatric medicine, Dr. Cooper's specialty interests include exercise physiology, nutrition and preventive medicine. She has previously taught group exercise classes and hopes to tailor similar programs specifically for obese patients. She also is an advocate for the uninsured and the underserved and is very passionate about community outreach programs, both locally and internationally. After receiving her medical degree from the New York College of Osteopathic Medicine, Dr. Cooper completed her

residency in primary care medicine at University Hospitals Health System in Cleveland, Ohio in 2002.

**Please join us for this event by attending the presentation or visiting the Employee Wellness Web site, [cchs.net/wellness](http://cchs.net/wellness), to view the presentation live from your computer.**